Navigator and Consumer Assister Training Curriculum Outline

This comprehensive outline for navigators and other types of assisters was developed to inform the scope of training that is being developed at both the federal and state level to prepare navigators and other assisters to connect consumers to existing and expanded coverage options under the Affordable Care Act. Following the comprehensive curriculum outline (starting on page 11) is a list of state-specific training that focuses on Medicaid, CHIP and state private insurance policy topics for which content differs from state to state, and may not be covered in-depth in federal training for navigators and other assisters. It was developed to help states identify any supplemental training that may be needed but should be compared to the final training developed for federal navigators and assisters in order to avoid duplicative training requirements.

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Training Element	Notes
Introduction to Health Insurance Marketplace and Navigators	
Overview of ACA and Health Insurance Marketplaces	This module could serve as
The ACA continuum of coverage	general introduction to
Who will gain coverage?	consumer assistance. It could
No wrong door eligibility and enrollment	be helpful to potential assisters
Eligibility for financial assistance verified through electronic data	(i.e. certified application
sources	counselors) in determining
Coordination between FFE and Medicaid	whether to go through
Basic information about the SHOP exchange	training and certification.
Overview of Roles and Differences of Consumer Assisters	
o Navigator	
o In-Person Assisters	
 Certified Application Counselors 	
 Insurance Brokers/Agents 	
o FFE Call Center	
Consumer Assistance or Ombudsman Programs	
Importance of Consumer Assistance	
 Why consumers need assistance (i.e. means-tested eligibility; many 	
have never purchased insurance, cultural and linguistic barriers)	

	Training Element	Notes
•	 Importance of providing fair, accurate and impartial information Empowering consumers to choose a plan (not recommending a specific plan) Meaningful Access What's involved in the training and certification? 	7.0000
Nic	rigotou Cuant Administrativo Dogwinom anto	
Na •	Reporting requirements Plan to remain free of conflicts of interest Strategies to recruit, support and promote a staff that is representative of the demographic characteristics Cooperate and comply with all HHS monitoring	This module could be tailored so that only 1-2 project managers would need to complete. Certain topics from other sections that are more geared to project management and organization responsibilities could be moved here (i.e. ensuring location is accessible to persons with
		disabilities)
27	riantan Cara Danniana ant	
	vigator Core Requirements nflict of Interest Standards	T
•	Definitions	
	Examples of conflicts of interest	
•	Attestation	
	Disclosure of activities	
	quired Duties	
•	Conduct outreach and public education Maintain expertise in all insurance affordability programs Providing fair, accurate and impartial information Facilitate selection of QHP Make referrals of complaints, grievances and questions regarding private insurance to other consumer assistance/ombudsman program Cultural and linguistic competence and accessible services (detailed in separate module)	
•	Any differences for in-person assisters and certified application counselors	(for CAC's, could training be duplicated with a few different slides and separate web link?)
Pri	vacy, Security and Confidentiality	
•	Requirements and definitions Understanding consumer sensitivities in sharing information (include examples of key sensitive information: SSN, absent parent, immigration and citizenship status and what reassurances navigators can provide to consumers) Limitations on the collection of information (i.e. must be limited to what	
	is needed to support Exchange functions)	
•	Limitations on disclosure of information How information should be stored and destroyed: physical and electronic Consequences for improper use or disclosure of information (penalties and sanctions) Informing consumers how to file complaints (e.g. 1557 complaints with OCR)	(This section should be geared to navigator staff with organization requirements detailed in grant requirements, (i.e. providing private space for consumer assistance; data

Training Element	Notes
	storage, etc.))
Customer service standards and skills	
Active and emphatic listening	
Clear, plain language communication	
Promoting the value of coverage	
Efficiency and follow-up	
Reassurance re: privacy and confidentiality	
 Identifying communication needs for individuals who are LEP and/or individuals with disabilities 	
How to work with an interpreter, TTY/TTD, and augmentative & assistive communication devices	
When/where to refer individuals to other resources	
Where to get help	
Calling the FFE call center	
Identifying and coordinating with other Navigators and assisters in your	
state	
Technical assistance	
Resource manual	
Consumer Assistance Program, local/county/state/federal agencies,	
SHIPs. Community Health Centers	
Understanding how to make and track a consumer referral	
What is not included in consumer assistance and where to refer those	
who exhaust the services of consumer assisters (e.g. legal services)	
Other sources of information	
Outreach and Public Education	
Targeting the uninsured and underinsured	Much of this module is aimed
Who are the uninsured (examples)?	at project leads/managers. We
How to use data to identify and target your audience	question whether all assisters
How to target LEP consumers	need this. Could do outreach
How to reach out to mixed status families	basics in other module and
 How to target individuals with disabilities 	require only leads to complete this
Potential barriers to eligibility and enrollment	CHS
What the research shows	
Messaging to reach eligible consumers and overcome barriers	
Dealing with the coverage gap in states that do not expand Medicaid	
Best practices and outreach strategies	
Different strategies for different demographics	
Identifying trusted partners to reach your target audience	
Engaging partners in outreach	
 Promoting the availability of consumer assistance through 	
community partners	
 Identifying other community partners who are active in outreach 	
and education efforts	
Materials and media	
The national outreach and media campaign	
Materials development (brochures, posters, etc.)	
 Materials available from HHS 	
 Creating turnkey materials for outreach (i.e. literacy, using effective 	
messages)	

Training Element	Notes
Developing materials in plain English	Notes
Developing materials in plain English Developing/translating materials in non-English languages	
Working with the media	
How to earn media	
 Getting endorsements (celebrities, sports figures and other 	
notables)	
Sponsorships	
Outreach monitoring	
Tracking and reporting outreach and public education activities	
Analyzing and evaluating your outreach performance	
Referring people who prefer to apply on their own	
Paper application	
Phone application	
FFE or state websites (exchanges and Medicaid/CHIP websites)	
Working with Underserved and Vulnerable Populations	
Legal Requirements	
Understanding the legal requirements for nondiscrimination in	
providing consumer assistance	
Violations and enforcement against assisters	
Filing complaints	
Applicability to assisters, marketplaces & QHPs	
Overview of specific laws:	
 Section 1557 of the ACA 	
 The Americans with Disabilities Act & § 504 of the 	
Rehabilitation Act	
o Title VI of the Civil Rights Act of 1964	
 Age Discrimination Act 	
Applicability of HIPAA	
Special outreach and education considerations	
Overcoming barriers for immigrant families	
Understanding sensitivities and privacy concerns	
Rural, vulnerable and underserved populations	
Serving persons with disabilities	
Serving limited English proficient persons	
• LGBT issues	
Cultural and linguistic competence	
Developing and maintaining general knowledge about racial, ethnic and	
cultural groups	
 Diverse cultural health beliefs and practices Health literacy 	
 Health literacy Preferred language 	
 Collecting and maintaining updated information to understand 	
communities served, including primary languages	
 Requirements for interpretation and translated materials 	
Providing oral and written notice to consumers with LEP of right to	
receive language assistance services and how to obtain them	
Resources available	
How to access interpreters & translated materials	
Shortcomings of using family/friends, particularly children, for	
translation	

Training Element	Notes
How to work with interpreters	110003
Best strategies for preparing translations	
Requirement for ongoing education and training in culturally and	
linguistically appropriate service delivery	
How to provide culturally sensitive services	
Access for people with disabilities and other impairments	
Types of disabilities and impairments that must be accommodated	
How to work with all individuals regardless of age, disability, or culture,	
and seek advise or experts when needed	
Ensuring that materials, websites and other tools are accessible to	
people with disabilities	
Providing auxiliary aids and services for individuals with disabilities	
Providing assistance in a location that is physically and otherwise	
accessible to individuals with disabilities	
Acquiring sufficient knowledge to refer people with disabilities to other	
services and supports when appropriate	
How to use a TTD/TTY and auxiliary aids/services	
Ingurance Affordability Dragger Fligibility	
Insurance Affordability Program Eligibility	
Definitions and Terminology • Health insurance	
Exchange of freatth mouraine marketplace	
 Qualified health plan (QHP) Insurance Affordability Programs 	
Medicaid	
Emergency Medicaid	
Children's Health Insurance Program	
 Subsidized coverage through the Marketplace for income eligible 	
families and individuals	
 Lower premiums through premium tax credits (PTCs) 	
 Lower cost-sharing through lower deductibles, co-payments or 	
co-insurance	
 Non-subsidized coverage through the Marketplace 	
 Premium tax credits and advanced premium tax credits 	
Cost-sharing reductions	
Understanding the differences between premiums and cost-sharing	
Modified adjusted gross income (MAGI)	
Individual responsibility	
Summary of Benefits and Coverage (and how to use it to compare plans)	76.1
Basic eligibility requirements	If details on eligible
Eligibility for financial assistance	immigration status are not
Based on income and household size Understanding the federal popular and clines.	included, should provide links to additional resources
Understanding the federal poverty guidelines Citizen white are alignible important and others.	to additional resources
Citizenship or eligible immigration status State regidency.	
State residency Access to affordable minimum assential severage through an employer.	
Access to affordable minimum essential coverage through an employer or public coverage program.	
or public coverage program Incarcerated individuals not eligible unless pending disposition	
 Incarcerated individuals not eligible, unless pending disposition How eligibility for financial assistance is assessed 	If training doesn't include
Modified adjusted gross income	state-specific rules; it should
Types of income included	include links to state-by-state
v Types of income menucu	metade mins to state-by-state

		Training Element	Notes
	0	Types of deductions included	lists of eligibility, how states
•		k households	count fetuses, whether states
	0	Define filing jointly	cover lawfully-residing kids
	0	Define dependent	and pregnant women, etc.
•	Me	dicaid/CHIP	. 0
	0	Based on current monthly income	
	0	Existing income limits for state Medicaid/CHIP	
	0	MAGI is new for Medicaid/CHIP	
	0	Exceptions to APTC income/household rules	
		- Children qualify based on custodial parent income regardless of	
		who claims them on tax return	
		 Married couples living together who file separately are included 	
		in the same household	
		 Unmarried parents living together and their children are 	
		counted as one household	
		- Educational awards and certain types of American	
		Indian/Alaska native income are not counted for Medicaid	
		eligibility	
		- Lump sum payments only considered income in the month they	
		are receivedSpecial rules for counting income of caretaker relatives (state	
		definitions)	
		 Includes fetus in household size for pregnant women 	
•	Pre	emium tax credits	
	0	What are they?	
	0	How is the amount determined	
	0	How it can be used (advanced or not)	
		Advanced credits are based on projected annual income for year of	
		coverage (next tax year), final tax credit amount is based on actual	
		annual income	
	0	Tax implications of projecting income (brief here, more detail in later	
		modules)	
	0	Access to affordable minimum essential coverage	
		 Define minimum value standard (examples, what coverage 	
		counts)	
		- Define affordability	
		- Define lowest cost self-only health plan	
		 Impact of affordability definition on families (i.e. family 	
		glitch)	
		 Employer mandate/consumer protections if employer does not provide affordable MEC (retaliation prohibited) 	
	0	Citizenship or immigration status eligibility for PTCs or CSRs	
	O	 Not available to anyone eligible for Medicaid 	
		 In states that do not expand Medicaid, citizens with income 	
		under 100% of the poverty level do NOT qualify	
		 Available to immigrants who meet the lawfully present 	
		standard under 400% of poverty level regardless of time in the	
		country	
•	Cos	st-sharing reductions	
	0	Same requirements as premium tax credits at lower/different	
		income levels	
	0	How does it work (i.e. lower deductibles, co-pays and co-insurance	

Training Element	Notes
(more details will be provided in coverage section)	
Non-financial eligibility requirements	
Medicaid and CHIP	
 State residency 	
 Changes before/after ACA 	
 No asset tests or in-person interview 	
 Foster care young adults covered up to age 26 	
 State option to remove 5 year waiting period for lawfully residing 	
immigrant children and pregnant women	
Attestation to cooperate with medical support (Medicaid only)	
- Exceptions for good cause	
- Can't delay coverage	
Incarcerated individuals not eligible	
• QHPs	
Eligible to purchase without subsidies	
Must meet other non-financial eligibility requirements	
 Must reside in region served by QHP Out-of-state students 	
Individual responsibility to have insurance Why insurance is important	
Willy insurance is important	
Who is subject?What coverage counts (examples)?	
What coverage counts (examples).	
what is the penalty.	
• Exemptions	
Specific exemptions Outlifying to enroll in gatastrophic governge.	
Qualifying to enroll in catastrophic coverage Process to obtain examption	
Process to obtain exemption	
Insurance Affordability Programs Coverage and Benefits	
Health Insurance Basics	
Benefits (Services Covered)	
Exclusions	
Premium	
Co-payment	
Co-insurance	
Deductible	
Out-of pocket cost-sharing or out-of-pocket costs	
Pre-authorization	
Prescription drug formulary	
Provider network	
HMO/PPO	
Stand alone dental plans	
QHP Basics	
What are they	
What are they Why get coverage through QHP	
Only way to get lower premiums and cost-sharing	
 Only way to get lower premiums and cost-sharing Standards to qualify as a QHP (i.e. good housekeeping seal of 	
approval)	
Essential health benefit package	
10 categories of services	
 Special pediatric services 	
Special pediatric services	

Training Element	Notes
General info on metal tiers (more in-depth in plan enrollment)	
Medicaid/CHIP Basics	
Full Medicaid benefits vs. benchmark benefits	
General limits on cost-sharing	
Below 150% of poverty for kids and pregnant women	
o Below 100% for others	
EPSDT for children	
How to apply (aside from FFE website or single streamlined application)	
Non-MAGI Medicaid coverage	
How to screen	
- Exempt populations	
- Medically needy	
Where to refer Consider the Continue	
Enrollment Options – No Wrong Door/Multiple Paths	
• Online – FFE website	
Where/how to accessType of information	
Interactive help resources	
Phone – Federal Call Center	
Where/how to access	
Type of information provided	
 How calls are screened, etc. 	
How applications are taken over the phone	
By mail – paper application	
Where to mail or fax applications	
In-person	
o Navigators	
o In-person assisters	
Certified application counselors	
Insurance brokers/agents	
Through Medicaid/CHIP/Human Service Offices	
Other Coverage and Benefits	
Traditional (non-MAGI Medicaid) for seniors, people with disabilities or	
those with extensive/special health care needs (medically frail/spend	
down)	
Where to refer people Emergency Medicaid	
Emergency Medicaid Medicare	
State-funded health benefits	
SNAP, TANF	
Where to refer potential applicants	
where to refer potential applicants	
Application and Eligibility Process	
Enrollment Periods	
Initial open enrollment	
Opportunity to change plans before coverage starts	
Annual open enrollment starting in 2014	
Special enrollment periods	
Qualifying events	
Medicaid and CHIP year round	
Applying through FFE Single Streamlined Online Application	

Training Element	Notes
Advantages of submitting application online (vs. paper)	
Portal to use	
Setting up an account for the consumer	
How to get help/support (as navigator or other assister)	
Dynamic questioning	
Information needed including minimum information needed to qualify	
as complete application	
Electronic signature and how to facilitate it online and over the phone	
Authorized representatives	
How is eligibility verified?	
FFE's verification plan	
Data sources (including federal data hub) used for verification	
Documentation	
When is it needed?	
What is required?	
Medicaid/CHIP assessment or determination	
Helpful things for consumers to gather in advance (bring to interview)	
Social security, tax identification and immigration related numbers	
Most recent tax return	
Current income information (i.e. pay stubs)	
Employer minimum essential coverage form	
Walk-through of complete online application	
What to expect after submitting the online application	
Tips on using online application to conduct phone interview	
If determined eligible, can delay selecting a QHP to research which QHP	
best meets one's needs	
Walk-through of complete paper application	
What to expect after submitting the paper application	
How will assisters be notified of outcome of paper applications?	
• What happens if family members are eligible for different programs (i.e.	
kids in Medicaid; parents in the exchange)	
Requests for more information	
Understanding action required	
Paying attention to time limits	
How to submit requested documents or information	
For those determined/assessed Medicaid eligible	If training doesn't give state
Difference between determination and assessment	specific info, should link to
How to find out status of application	state-by-state list
Where to get more information on state-specific Medicaid requirements	
Families split among programs	
• What happens if family members are eligible for different programs (i.e.	
kids in Medicaid; parents in the exchange)	
Referrals for individuals determined ineligible	
Contact information for appropriate federal, state and local agencies	
How to find other community based safety net programs	
Presumptive Eligibility	
• What it is?	
When would assisters utilize or refer someone to PE site (urgent health	
care needs; likely delays in eligibility due to state paperwork	
requirements)	
Where is it available?	

Training Element	Notes
Hospitals	
Other state-selected qualified entities	
Where to get more information	
QHP Selection and Enrollment Process	
Understanding tax credits and their implications	
How the PTC helps with premiums	
o Metal tiers	
 How the PTC helps with cost of silver plans 	
How the PTC helps with costs for other tiers	
Not available for catastrophic plans	
How the CSR helps with cost-sharing Only available for silver time plans.	
o Only available for silver tier plans	
Choosing an "advance" premium tax credit Implications of APTC	
Implications of APTCAnnual reconciliation at tax filing	
 Annual reconciliation at tax ining Importance of reporting changes in income and family size that could 	
affect eligibility and tax reconciliation	
Ability to adjust amount of advance payments of premium tax credits	
Plan Selection	
Providing information on full range of QHPs	
Reading & understanding a Summary of Benefits & Coverage (including)	
its limitations)	
What is the catastrophic plan and who's eligible?	
Considerations for stand-alone dental plans	
Importance of impartial assistance; ethical responsibility to not	
influence consumer's choice of plan	
Factors to consider in narrowing plan choices	
o Is my doctor or community hospital in the network?	
Premiums and other cost-sharing (what's the difference)	
Benefits and exclusions	
Prescription drug formulary Ourlity action as	
 Quality ratings Using the FFE website to display and compare plans 	
Submitting enrollment selection through the Exchange	
How & when to change plan selection	
Facilitating premium payment	
Methods of initial and ongoing payment	
Payment policies and grace period	
What should consumers do when they are having difficulty paying their	
premium	
Case Scenarios	
This module of training should provide examples of consumer and	
family situations	
It should also include a practice set of applications to run through the	
online application	
Complaints Annuals and Disputs Passintian	
Complaints, Appeals and Dispute Resolution Referrals to other consumer assistance programs	
Eligibility appeals	
- Enginity appears	

Training Element	Notes		
 When/where to appeal (Medicaid/Exchange) 			
 Applicant rights 			
 Time limits 			
 Where to get help (including Legal Services) 			
 Understanding private insurance appeal process (denials of benefits) 			
 Understanding consumer notices of eligibility and appeal rights 			
 Private insurance complaints and questions to CAP programs or 			
ombudsman (and, depending on income, to legal services)			
 How to ensure a warm (successful) handoff 			
What Happens Next?			
 Understanding exchange notices and consumer responsibilities 			
 Reporting changes that could effect eligibility 			
Annual renewal requirements			
 Up to 5 years authorization to access income from tax return 			
Disenrollment			
 Connecting with care; using your benefits 			
 Ongoing support from navigators and assisters 			
SHOP			
Shop Basics			

- **Employer Eligibility and Responsibility**
- Tax Credits for Small Business

State-Specific Supplemental Navigator and Assister Training

The following outline focuses on Medicaid and CHIP policy information and training topics for which content differs from state to state, and may not be covered in-depth in federal training for navigators and other assisters. This supplemental outline may repeat items included in the comprehensive training curriculum above. It is specifically intended to help inform the development of state supplemental training in states where the federal government will operate the Health Insurance Marketplace but should be compared to the final training developed federal navigators and assisters in order to avoid duplicative training requirements.

MAGI-Based Medicaid Eligibility Levels

- Children Medicaid (0-1; 1-5; 6-18)
- Children CHIP
- Pregnant Women
- Parents and Caretakers
- Adults
- Former foster care youth
- Early implementation of MAGI-based rules (October 1 vs January 1)

Non-MAGI-based Medicaid Eligibility Levels

- Dual eligible
- Children with Disabilities

- Adults with Disabilities
- Emergency Medicaid Coverage
- Referrals for non-MAGI applications

State Policy Options that Impact Eligibility

- Coverage of Lawfully-Residing Immigrants
 - Children in Medicaid
 - Children in CHIP
 - o Pregnant Women
- State-funded Coverage
- Household size
 - Counting for pregnant women
 - o Counting for children based on age and status as a full-time student
- Income (if applicable)
 - o Projecting annual income for current Medicaid enrollees
 - o Prorating income for people with predictable changes in income
 - o Counting of cash/child support above nominal amounts as dependent income
 - Lump sum income counted in current month and subsequent reconsideration (i.e. new application required?)

State Policy Options that Impact the Eligibility Determination Process

- Presumptive Eligibility
 - o Who it applies to
 - o PE sites
- Enrollment Streamlining Options (if applicable)
 - o Using SNAP enrollment to facilitate enrollment in Medicaid
 - o Enrolling parents of children enrolled in Medicaid/CHP
 - o Special Treatment of Renewals (January 1 March 31, 2014)
- 12-Month Continuous Eligibility
 - Children in Medicaid
 - Children in CHIP
 - Adult Populations
- Combining Marketplace and Medicaid notices early
- Definitions of eligibility categories
 - o Options for defining caretaker relative
 - Options for defining age limit to be considered a child, including whether students can be eligible at a higher age

Benefit Packages and Delivery Systems

- MAGI-based Medicaid
 - Full Medicaid
 - Alternative Benefit Plans
 - Who is exempt
 - Process for opting out
 - o Managed Care vs. Fee for Service (if and where applicable)

- Plan options
- Enrollment process
- Coverage for pregnant women in Medicaid
 - Maintaining coverage in Exchange/ABP while receiving Medicaid for pregnant women
- Non-MAGI Medicaid
- CHIP
- Coverage Effective Dates (start, end, and potential for gaps)
- State Mandated Health Insurance Benefits and relationship to ACA essential health benefit benchmark plans

Cost-Sharing (if applicable)

- Premiums
 - Collection process
 - Grace periods
- Co-payments and co-insurance
- 5% cap on total cost-sharing

State Policy Options that Affect Private Coverage

- Adjusted community rating: States may have tighter rating limits based on age, tobacco use
- Essential Health Benefits: state-specific and may vary based on whether offered in small group or individual market (to reflect state mandated benefits); pediatric dental may be integrated into benefits or offered as stand alone
- Open Enrollment period: States may require more than one open enrollment period annually

Application Process

- Paths to Enrollment
 - o Marketplace Medicaid Eligibility Assessment or Determination
 - Process for screening and referrals
 - Who to Contact/How to Resolve Problems with Medicaid/CHIP Referrals
 - Links to Medicaid/CHIP online applications
 - Medicaid/CHIP call center or #(s) for telephonic applications
 - o In-person application sites including out-stationed eligibility workers
 - Mail-in options
 - Community health centers
 - Non-profit community-based organizations
- Overview of verifications required for Medicaid and CHIP
 - o Income
 - State Residency
 - Immigration status is not relevant for state residency
 - Identity

Renewal

- Overview of renewal process, timeline, verification requirements
- Period of reconsideration without requiring new application

Immigrant Related Eligibility and Benefits

- CHIP coverage of pre-natal care regardless of immigration status
- State immigrant restrictions for Medicaid
- Immigrant sponsor income deeming
- Sponsor liability / designated "state means-tested public benefits"
- Language services including translated documents, interpreters, bilingual staff, taglines on written materials
- Prohibitions on reporting of immigrants to immigration enforcement authorities

Health Care Resources for Ineligible Individuals

- Community Health Centers and other free and charitable clinics
- Public Health Clinics
- Public school clinics
- Title X clinics
- Medicare
- Medicaid Family Planning waivers
- Other State, Regional or Local Coverage Initiatives

Agency Contact Information

- Medicaid
- CHIP
- Department of Insurance
- Public Health
- Consumer Assistance and Ombudsman Programs
- Other Enrollment Assistance (Certified Application Assisters, CHC Assisters, Etc)
- Insurance or Eligibility Problem Solving Assistance (Legal Services, Protection & Advocacy, Tax Preparation Assistance, Immigrant/Ethnic/Multicultural CBOs)

Becoming a Certified Application Counselor

- Why and How to Apply
- Certification Process
- Using the Medicaid Assister Portal

Other Relevant State Laws and Resources

- State civil rights/language access/nondiscrimination laws
- State privacy and confidentiality protections
- How to file a complaint/appeal of a Medicaid decision (& Medicaid managed care)
- How to access other benefits such as SNAP, TANF and child care subsidies