

A close-up photograph of a woman with long dark hair and gold hoop earrings kissing a baby on the cheek. The baby is smiling broadly with its mouth open. The background is slightly blurred, showing colorful toys. The image is overlaid with a diagonal orange and grey banner containing text.

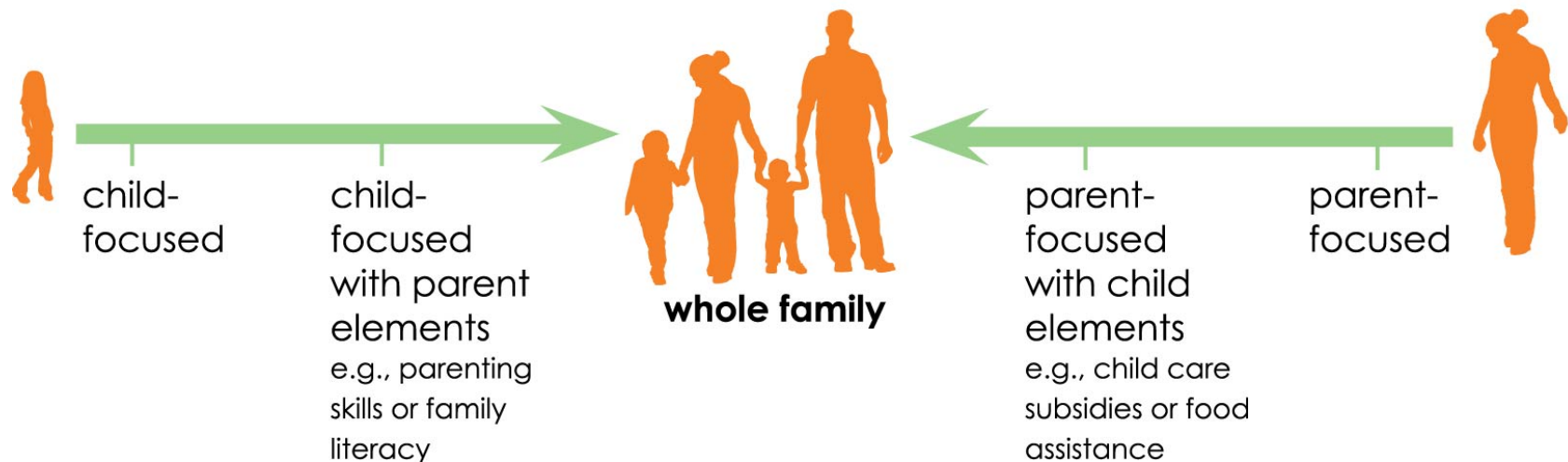
**Creating Space for the Whole Family: Two
Generation Approaches to Health and Well-
being**

Liane Wong, Packard Foundation and Innovator-in-Residence
ASCEND at The Aspen Institute

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THE ASPEN INSTITUTE

The 2Gen Continuum

The Two-Generation Continuum

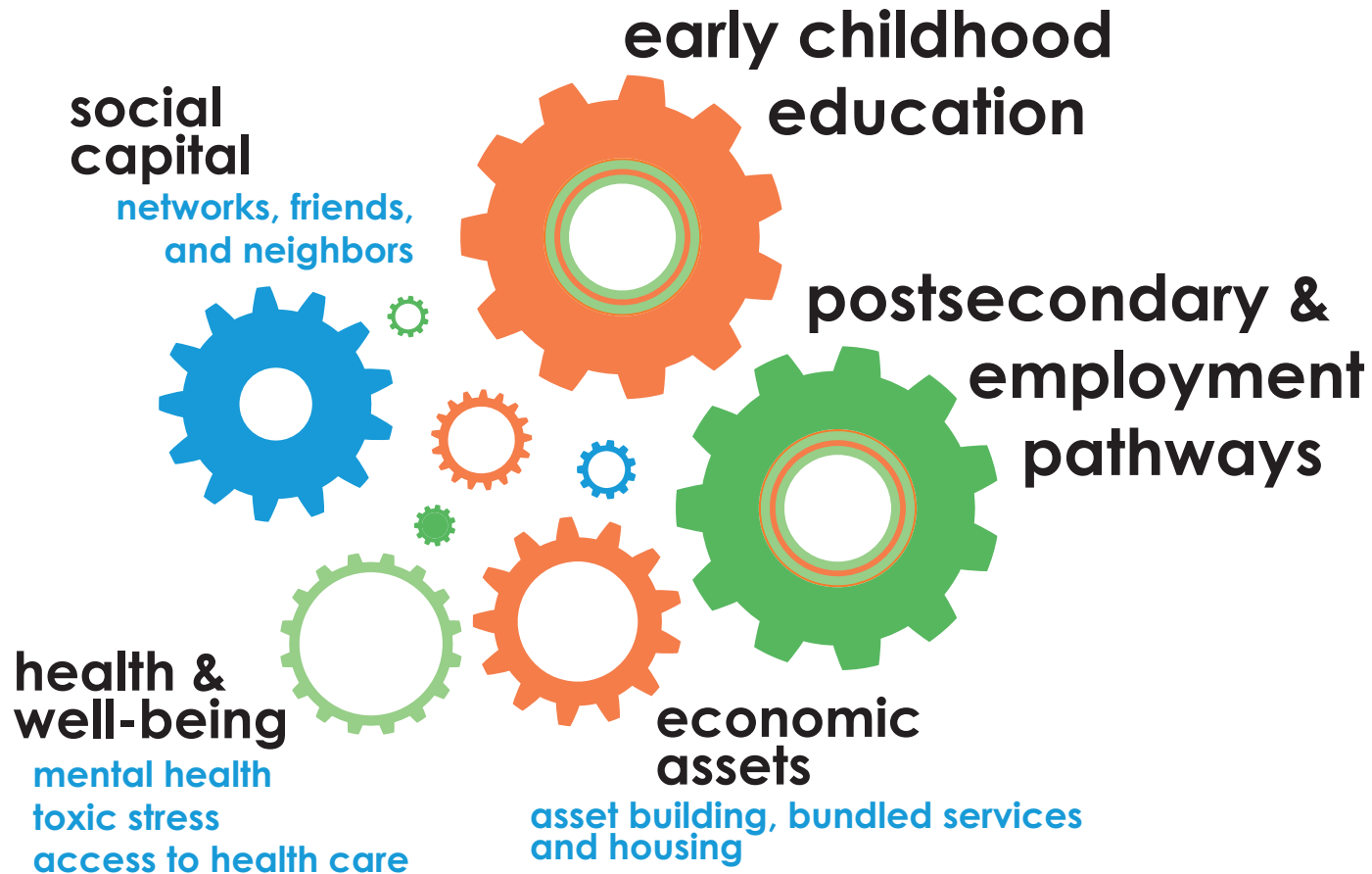


Two-generation approaches provide opportunities for and meet the needs of children and the adults in their lives together.

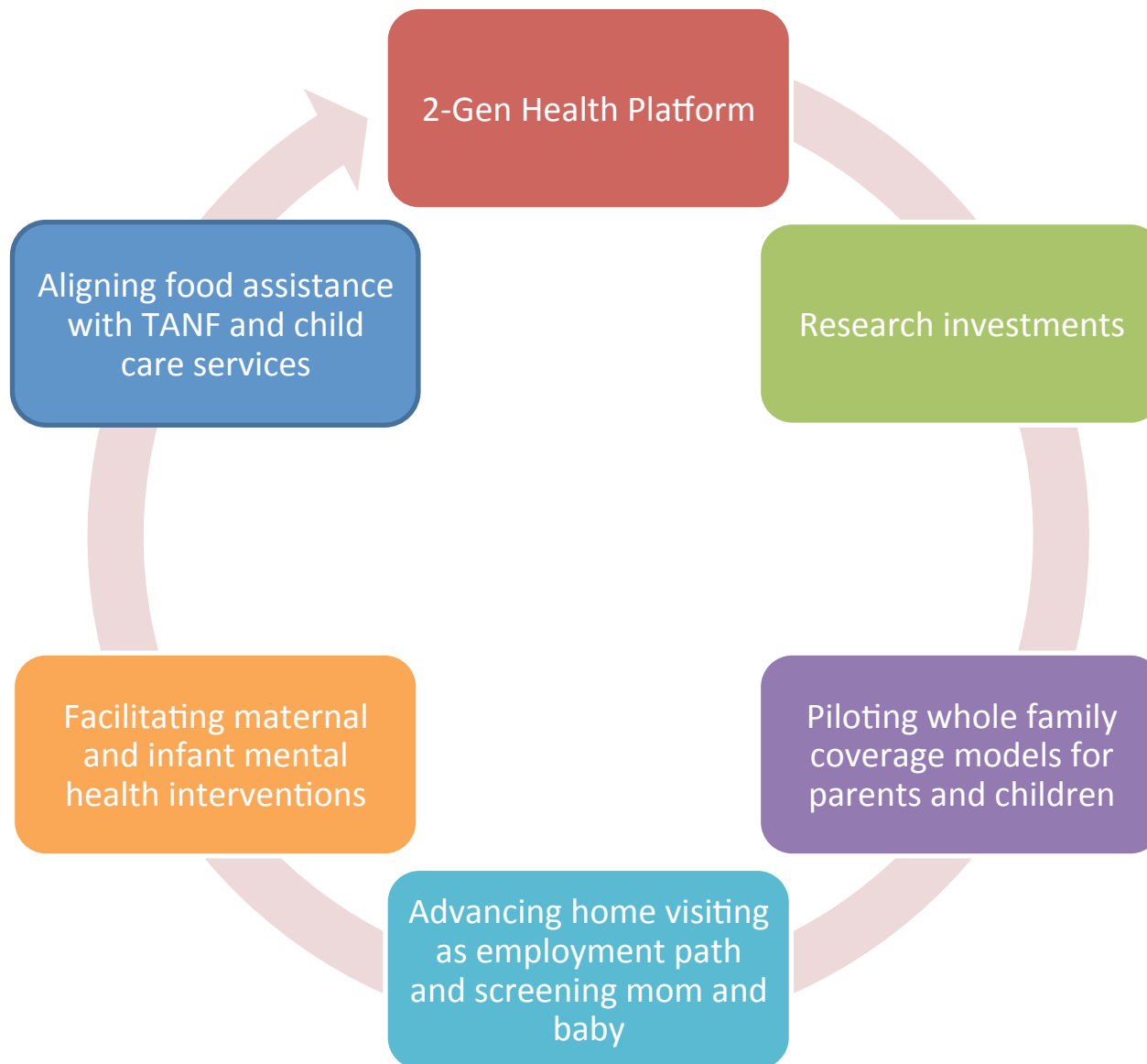
Principles to Guide 2Gen Efforts

- ✓ Measure and account for outcomes for both children and their parents
- ✓ Engage and listen to the voices of families
- ✓ Ensure equity
- ✓ Foster innovation and evidence together
- ✓ Align and link systems and funding streams
- ✓ Prioritize intentional implementation

Core Components of the 2Gen Framework



Health and Well-being for Two Generations



Phase I: Learnings in Health

- **Social determinants of health** impact economic well-being
- Key human services levers – **food assistance, case management** – connected to health coverage policies and measures
- **Children's healthy development** approaches are informed by research in brain development, stress and mental health, parents' access to care and paid family leave



Policy and Systems Momentum

ACA: Affording 2Gen Approaches to Health

Health coverage and organizing health care systems to promote children and families well-being. Outlines ways to better coordinate health and human services and behavioral and primary health care with a 2Gen lens - and more.

Top 10 for 2Gen

10 policies federal and state policymakers can pursue immediately to help parents and children break out of the cycle of poverty. **Top Ten for 2Gen** also outlines six principles to guide the design and use of two-generation approaches in any sector.

Emerging State 2Gen Policy Innovation – New York, Connecticut

