

# Infant & Early Childhood Mental Health *Financing Policy Project*

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## Who is ZERO TO THREE?



- We help babies and toddlers benefit from the family and community connections that are critical to their well-being and development.
- Our mission is to ensure that all babies have a strong start in life.
- We envision a society with the knowledge and will to support all infants and toddlers in reaching their full potential.

# www.zerotothree.org



 GOAL: To advance state financing policy related to IECMH assessment, diagnosis, and treatment through provision of technical assistance and facilitation of a national learning collaborative

#### Cohort 1: 2016-2017

Alaska Colorado Illinois Indiana Louisiana Massachusetts North Carolina Oklahoma Oregon Virginia

#### Cohort 2: 2018-2019

Alabama DC Maryland Nevada New Hampshire New Mexico New York South Carolina Tennessee Washington

# ZERO TO THREE

## **Continuum of IECMH Supports and Services**





# **Project Themes**

- Educating about IECMH core concepts, best practices, barriers
- Building relationships with key stakeholders
- Cultivate leadership inside and outside of government
- Mapping: funding streams, service array, and workforce
- DC:0-5 in policy and practice
- Considering workforce development and capacity building
- Enhancing IECMH infrastructure
- Identifying and navigating Medicaid levers and opportunities:
  - Medical necessity
  - MCO contracts
  - State plans
  - Waivers

# **10 Tips for Advancing State IECMH Policy**



- Meet with Medicaid staff early and often.
- Remember that relationships are essential.
- Share the leadership.
- Be as inclusive as possible.
- Be strategic.
- Be persistent.
- Be aware of unconscious assumptions.
- Try different forms of communication.
- Don't get discouraged by what you do not know.
- Recognize that paying for a "process" versus the "product" are two different things.

From *Exploring State Strategies to Finance Infant and Early Childhood Mental Health Assessment, Diagnosis, and Treatment,* to be released by ZERO TO THREE December 2018