

WEBVTT

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00:02:23.940 --> 00:02:31.139

Elisabeth W Burak - GCCF: Hi, everyone. We still have a few people trickling. And I'm gonna give it just about 30 more seconds and we will get started.

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Elisabeth W Burak - GCCF: Okay, well, we will get going. Thank you so much. Welcome to everyone. To our webinar on Medicaid managed care organizations and maternal health.

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Elisabeth W Burak - GCCF: My name is Elizabeth Wright Burak. I'm a senior fellow at the Georgetown Center for children and families.

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Elisabeth W Burak - GCCF: We are really grateful. You all can join us for this timely, timely discussion.

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Elisabeth W Burak - GCCF: This is the second webinar we've held on. Medicaid managed care, maternal health. So the first was back in July with our colleagues at George Washington University and Johnson policy consulting on their review of Medicaid-managed care contracts around maternal health.

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Elisabeth W Burak - GCCF: And today we're gonna learn about our Ccf's new study on sort of what we know about performance at the managed care, level and maternal health.

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Elisabeth W Burak - GCCF: So it's no secret, of course, that we're in the midst of an ongoing and worsening maternal health crisis.

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Elisabeth W Burak - GCCF: And recently, just yesterday, actually, we learned from new Cdc data that we've seen the first increase in 2 decades. In the Us. Infant mortality rate.

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Elisabeth W Burak – GCCF: So it is important to really underscore what and understand what kind of healthcare, pregnant and postpartum people and expected parents are getting.

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00:04:18.360 --> 00:04:26.570

Elisabeth W Burak – GCCF: Why is Medicaid important? We know Medicaid's the primary pair of births in the United States, well, over 40%

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00:04:26.860 --> 00:04:51.330

Elisabeth W Burak – GCCF: and most in most states, most people are covered in Medicaid through their experience with managed care organizations or plans that contract with State medical organizations, and we really don't know a lot. And we haven't been able to unpack a lot of about performance of those managed care organizations and maternal and child health care. And that's where our team has come in

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Elisabeth W Burak – GCCF: and why we're here to discuss it. So in terms of housekeeping, we will post the recording in the slides on our website and send those out after today's webinar

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00:05:02.130 --> 00:05:25.970

Elisabeth W Burak – GCCF: in terms of language. We use the terms maternal health and pregnant women throughout the report in this conversation, because that is what the term that's coming up in a lot of the State reports and pregnant women is often referred to in statute as an eligibility category. But we mean to be inclusive of all expectant parents, prenatal to postpartum, regardless of how they identify

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00:05:26.850 --> 00:05:36.630

Elisabeth W Burak – GCCF: and we will have time for questions at the end of our presentation. So please use the Q&A function in the Webinar chat to ask those questions as we go.

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00:05:38.260 --> 00:05:52.660

Elisabeth W Burak – GCCF: Okay? So first, we're going to hear from our 3 of our 4 report co-authors from the Center for Children and families. Andy Schneider, who has been doing a lot of this work on managed care transparency at Ccf.

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Elisabeth W Burak – GCCF: As well as Tanisha Mandestin and Ella Matthews, research associates here at the Center for Children and families.

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00:05:59.630 --> 00:06:13.120

Elisabeth W Burak – GCCF: But we also want to acknowledge the fourth co-author co-author. On this report Annie Akinigi, as well as the significant contributions of our former project. Director here at Ccf. Maggie Clark.

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00:06:13.970 --> 00:06:34.999

Elisabeth W Burak – GCCF: finally, just so, you all know, as you're going through the many detailed findings, we have 2 versions of this report. The first is sort of a digital version, and thanks to Hannah Green and our Comms team to help put that together, a lot of interactive tools on the digital report. And we also have a Pdf. Version of the report that Nancy McGill put together for us.

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00:06:36.000 --> 00:06:42.280

Elisabeth W Burak – GCCF: So we'll hear from my colleagues here at Ccf. And then, after we hear from the report co-authors.

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00:06:42.290 --> 00:06:51.560

Elisabeth W Burak – GCCF: We've got 2 excellent expert respondents. The first is Sarah Rosenbaum, who's Professor Emerita at George Washington University School of Public Health.

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00:06:51.650 --> 00:07:12.569

Elisabeth W Burak – GCCF: She is a long time, and widely known, expert in health, care and health justice, particularly in Medicaid, and has been working on this for many, many decades, and was one of the lead authors of the Commonwealth Fund report we featured in our last Webinar called the road to maternal Health, run through Medicaid, managed care.

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00:07:13.270 --> 00:07:23.639

Elisabeth W Burak – GCCF: and our second respondent will be Jc. Montoya Price, who is the senior director for advocacy and issue campaigns at the Alliance for early success, which is one of our funders.

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00:07:23.820 --> 00:07:46.010

Elisabeth W Burak – GCCF: And she currently supports maternal and state child advocates around the country and health but before that led and developed coalitions around Latina, reproductive and maternal health justice in Colorado as well as early childhood advocacy. So we are so thrilled to have the 2 of them to weigh in on, on what we found.

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00:07:46.320 --> 00:07:53.049

Elisabeth W Burak – GCCF: So thank you all for being here. And with that I'm going to turn it over to Andy Schneider to dig into our findings. Thanks, Andy.

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00:07:54.150 --> 00:07:55.570

Andy Schneider: Thanks, Elizabeth.

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00:07:56.260 --> 00:08:05.859

Andy Schneider: Okay, so as Elizabeth mentioned for pregnant women how the Mcos they're enrolled in.

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00:08:06.110 --> 00:08:09.879

Andy Schneider: how those Mcos perform matters a lot.

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00:08:11.530 --> 00:08:19.879

Andy Schneider: Among other things, the Mcos organize the provider networks, and they are paid to manage the care of all their enrollees, including pregnant

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00:08:20.090 --> 00:08:26.510

Andy Schneider: women. So so that is the basic purpose of

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00:08:26.540 --> 00:08:30.890

Andy Schneider: the report we asked the question,

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00:08:31.600 --> 00:08:42.510

Andy Schneider: what kind of information about the performance of individual Mcos on maternal health is possible is publicly available.

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00:08:43.200 --> 00:08:52.189

Andy Schneider: and and the focus here is on the performance of individual Mcos. Not all the Mcos as a class in a particular State.

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00:08:52.720 --> 00:09:01.979

Andy Schneider: Not not state level data aggregating all the Mco performance. But how individual Mcos are performing?

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00:09:02.240 --> 00:09:07.869

Andy Schneider: in order to distinguish high performers.

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00:09:08.330 --> 00:09:11.200

Andy Schneider: average performers and low performers.

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00:09:11.850 --> 00:09:16.049

Andy Schneider: And to do this. We pick 12 States

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00:09:16.210 --> 00:09:20.740

Andy Schneider: you can see them here. Georgia, Illinois, Iowa.

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00:09:20.920 --> 00:09:27.550

Andy Schneider: Kansas, Kentucky, Michigan, Mississippi. Nevada, New Jersey.

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00:09:27.740 --> 00:09:34.139

Andy Schneider: New Mexico, Tennessee, and Washington. and you can see there, there is a geographic mix.

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00:09:35.380 --> 00:09:40.789

Andy Schneider: There is a expansion. Non-expansion. Mix there.

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Andy Schneider: And on the maternal issue front there's a there's a range of

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00:09:51.200 --> 00:10:01.819

Andy Schneider: State level data. For example. in New Jersey, about 29 of the births for the most recent year

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00:10:01.920 --> 00:10:08.199

Andy Schneider: we're financed by Medicaid and in Mississippi. It's it's 59.

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00:10:09.190 --> 00:10:11.509

The maternal death rates

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00:10:12.240 --> 00:10:18.960

Andy Schneider: 17 per 100,000 in Illinois to 42 to 43 per 100,000 in Tennessee in Mississippi.

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00:10:19.220 --> 00:10:24.150

Andy Schneider: So again, a range of State level experiences.

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00:10:25.760 --> 00:10:47.179

Andy Schneider: Th, this isn't a statistically representative sample of states, and some some of our findings might not be generalizable. But II would say they're not necessarily unrepresentative either. You've got. You've got quite a mix. So here's what we did in East States. We looked at the State Medicaid Agency websites.

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00:10:47.470 --> 00:10:49.490

Andy Schneider: I use the Royal. We, of course.

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Andy Schneider: most of the work here was done by by Ella and and any. But we scanned the the State Medicated Agency websites. Also took a look at the

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00:11:01.820 --> 00:11:07.540

Andy Schneider: Medicaid Medical Care Advisory committee websites where State agencies had those up.

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00:11:08.140 --> 00:11:09.700

Andy Schneider: The

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00:11:09.750 --> 00:11:15.110

Andy Schneider: Public Health Agency websites, particularly looking for the Maternal Mortality Review.

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00:11:15.830 --> 00:11:18.850

Committee information.

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00:11:18.880 --> 00:11:32.710

Andy Schneider: We scanned all 52 of the websites of the Mcos contracting with the different States plus their parent companies. We did all this work, basically from May until August

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Andy Schneider: and and why don't we go to the next slide and talk about

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Andy Schneider: our findings? So this is the bottom line.

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00:11:43.310 --> 00:11:51.609

Andy Schneider: There were a lot of findings, but this is the bottom line, and the short of it is that there's not a lot of transparency

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00:11:51.790 --> 00:11:53.339

Andy Schneider: in most states.

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00:11:53.570 --> 00:12:02.800

Andy Schneider: and at least in the States we looked at. We didn't feel that we could get enough information about how individual plans were performing on maternal health

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00:12:02.870 --> 00:12:07.929

Andy Schneider: to decide who was doing well and who was not doing well.

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00:12:09.520 --> 00:12:12.839

Andy Schneider: we had some of the individual findings, so

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00:12:12.970 --> 00:12:27.070

Andy Schneider: I guess the first question is, how many pregnant women do you have enrolled in any particular plan. and only 3 of the States. We looked at Could we find that information, and that was Illinois and New Mexico and

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00:12:27.710 --> 00:12:36.170

Andy Schneider: and Washington? And your next question would be, Well, how about a breakdown by race and ethnicity? And

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00:12:36.230 --> 00:12:41.890

Andy Schneider: only New Mexico and Washington? We'd be able to find that on an individual Mcco basis.

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00:12:42.020 --> 00:12:48.970

Andy Schneider: The next session would be, what kind of an investment is Medicaid making in?

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Care for pregnant women enrolled in particular.

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00:12:52.440 --> 00:12:53.840

Andy Schneider: Mcos.

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And we weren't able to find that

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Andy Schneider: information for any of the

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00:13:00.010 --> 00:13:15.550

Andy Schneider: States or individual. 52 websites that we looked at Kansas did provide a total of all capitation payments. It was making date Mcos for pregnant women, but that was it.

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00:13:17.500 --> 00:13:34.069

Andy Schneider: Standardized performance metrics either out there in the in the Cms maternity care core set and I was gonna expand on this in a little while. In our discussion around Appendix B, but

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00:13:34.180 --> 00:13:44.860

Andy Schneider: only 2 of the only 2 of the metrics, timeliness of prenatal care and timely, that is, a postpartum care were available in all the States. and

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00:13:45.130 --> 00:14:04.130

Andy Schneider: finally, all the all the States had Mmracs medicinal mortality review committees. They all issued reports. some were more dated than others. But we could not find in any of them. Mmrc reports we looked in

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00:14:04.720 --> 00:14:10.090

Andy Schneider: information specific to individual Mcos and how they were performing

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00:14:10.480 --> 00:14:16.060

Andy Schneider: and Tanisha's gonna elaborate on that next slide, please.

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00:14:17.350 --> 00:14:24.459

Andy Schneider: So the underlying premise here is that transparency matters

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00:14:24.840 --> 00:14:37.929

Andy Schneider: transparency, as as I'm using the term as as it's using the report is the public availability of data about individual Medicaid Mcos, and what their performance is on maternal health.

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00:14:38.380 --> 00:14:46.939

Andy Schneider: my, my argument here is it's an effective way of holding.

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Andy Schneider: not just Mcos, but state Medicaid agencies and Cms. The folks paying for all this accountable for the performance of the plans

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Andy Schneider: on maternal health.

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00:14:58.210 --> 00:15:02.139

Andy Schneider: And it's low cost.

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00:15:02.290 --> 00:15:04.020

Andy Schneider: The data being collected

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00:15:04.230 --> 00:15:16.939

Andy Schneider: the plans have the data. The States have the data Cms can get the data if it wants. But the issue is getting it out into the public domain in a way that's accessible.

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00:15:17.460 --> 00:15:36.179

Andy Schneider: We did not take the additional step beyond going to websites and other accessible forms of at of submitting public records, act, request, or freedom of Information Act request. That doesn't meet our definition of publicly available.

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So

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00:15:39.310 --> 00:15:50.870

Andy Schneider: it just doesn't cost that much to add a page to your website and maintain it and keep it up to date. That provides information about how individual plans are doing.

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00:15:51.880 --> 00:16:06.989

Andy Schneider: the data is essentially you cannot. You cannot distinguish the the highly performing plans from the low performing plans, and that really makes it difficult to work with the low performing plans to

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00:16:07.010 --> 00:16:08.199

Andy Schneider: up their game.

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00:16:08.930 --> 00:16:29.220

Andy Schneider: And we're not arguing. The transparency is gonna solve the maternal health crisis that obviously can't do that in and of itself. But it it is certainly not gonna make it worse, and it is going to give everybody involved. an incentive. Knowing that the results will be public.

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00:16:29.480 --> 00:16:32.319

Andy Schneider: it will give them an incentive to do better.

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00:16:33.140 --> 00:16:35.949

So with that, let me turn it over to Tanisha.

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00:16:39.300 --> 00:16:40.700

Tanesha Mondestin: Thanks, Andy.

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Tanesha Mondestin: Now some of you may already be familiar with the term Internal Mortality Review Committees or MmrCs, and you may be wondering, why do they matter? Why are they a part of this topic in conversation? So Medicaid itself covers over 40% of birth, and is the single largest payer or birth in the United States.

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Tanesha Mondestin: and since most States have an Mmrc. We seek to explore how MmrCs can work with State Medicaid agencies and stakeholders, such as Mcos to advance maternal health outcomes.

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00:17:13.520 --> 00:17:26.199

Tanesha Mondestin: So Andrcs themselves are state level committees that consist of multidisciplinary representatives that are typically appointed to review deaths that occur during or within a year of pregnancy.

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Tanesha Mondestin: So the scope of Mmrc. Review processes. They differ by state, and there is a great deal of variation in composition and operation. But currently there are 49 States plus the District of Columbia that haven't been Mrc. Unfortunately, Idaho is only State. That doesn't have an Mmrc. Because they disbanded theirs. This past summer.

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00:17:48.190 --> 00:18:10.770

Tanesha Mondestin: So Mmrc's generally their goal is to review all maternal death, identify the root causes and contributing factors to these deaths, make recommendations to improve care at an individual in systemic level, and to disseminate findings to the public. The way that MmrCs are able to do this is that they're provided access to clinical records

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00:18:10.770 --> 00:18:24.640

Tanesha Mondestin: and demographic information to enable them to understand the circumstances that led to the maternal death and to help identify systemic changes that can occur within the State to avoid maternal death in the future.

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00:18:24.970 --> 00:18:53.069

Tanesha Mondestin: While there is no uniform analytical protocol, many MmrCs follow guidelines created by the Cdc. The Cdc currently supports MmrCs and 44 States and 2 Us. Territories. Other funding sources may

come from State funding grants or donations from private organizations, and the committees themselves. They are differ by state, but typically they consist of public health, professionals.

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Tanesha Mondestin: birth workers, such as obis, maternal fetal specialists, Doulas, Midwives, Medicaid agency representatives, community based organizations, individuals with lived experience, behavioral health experts, social workers, law enforcement representatives, American Indian and Alaska, native travel members, advocacy groups, and more. Next slide, please.

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00:19:19.910 --> 00:19:38.120

Tanesha Mondestin: Now, generally, you can find these Mmrc reports on the websites of State public health agencies, and that's where we found these for the 12 State scans that we performed. So out of the 12 States that we reviewed, all of them had an active Mmrc. But what you could tell was that the report

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00:19:38.470 --> 00:20:03.670

Tanesha Mondestin: had data that was often not up to date. The table on the right table 6 shows the most recent year of maternal mortality data that was measured. And, as you can see, the most recent data ha! That we had found was from Michigan and Nevada that had data from 2021. But you can see that New Mexico and New Jersey had data, the latest data from 38, which is about 5 years behind on where we are.

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00:20:03.670 --> 00:20:30.790

Tanesha Mondestin: and most of the Mmrc. Reports identified the source of insurance coverage at the time of death, so whether the birthing person was covered by private Medicaid or uninsured, or whether they had insurance at all. And the State Medicaid Agency did not participate in Mr's. In Iowa, Mississippi, Nevada, and New Mexico. But all the Mmrc. Reports include a Medicaid related finding or policy recommendations.

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00:20:30.880 --> 00:20:44.220

Tanesha Mondestin: No. Mmrc report that we reviewed included data that was specific to enrollment in individual Medicaid and Mcos among women who died during pregnancy or within a year after birth.

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00:20:44.530 --> 00:20:45.880

Tanesha Mondestin: Next slide, please.

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Tanesha Mondestin: So the data that we collected from the 12 State scan

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Tanesha Mondestin: was from updated from July 2023, and most recently, this past month. That passed in October, Illinois updated their Mmrc. Report. So the report that they released analyze data from 2018 to 2020 and the last report, that they had reported data from 2015 to 2017, and what they noticed where that was that pregnancy related death increased by 40%

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00:21:18.930 --> 00:21:37.680

Tanesha Mondestin: from those time periods. The report did not make recommendations about the transparency of the performance of Mcos, but they did know a very important point, and that was, they recommended that both private and public insurance plans like medicaid that they are integral and promoting maternal health.

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00:21:37.680 --> 00:21:57.410

Tanesha Mondestin: and can contribute to improve maternal health outcomes. So that, being said, Mcos have to be part of the solution to the maternal health crisis that we are facing and what they do or what Mcco's don't do matter for enrolled, pregnant women and birthing persons. Now I will pass it off to my colleague. Ella.

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00:22:00.210 --> 00:22:06.590

Ella Mathews: Thanks, Tanisha. Okay, so I'm going to talk to you all about Appendix B,

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Ella Mathews: so on the left, and this is

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00:22:09.400 --> 00:22:20.179

Ella Mathews: a comprehensive collection of all the metrics that we and results we found from our all 52 Mcco. So on the left. Starting there, we have the States,

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Ella Mathews: followed by the Mcos, the parent firms, the most recent reporting year for the External Quality Review report, and then we start with our metrics

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Ella Mathews: from the Cms core set. So you'll see that the State Medicaid averages those are in dark gray, and then the Mcco level performance is in the lighter colors below. So starting as we move to the right, here we have

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Ella Mathews: performance on births.

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00:22:49.110 --> 00:23:04.120

Ella Mathews: Lot of births. Below 2,500 grams. Cesarean's delivery moving on to postpartum contraceptive care performance on timeline is a prenatal and post natal or and postpartum care

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00:23:04.320 --> 00:23:13.229

Ella Mathews: as well as we get to our hetus metrics, which prenatal immunization, and then both prenatal and postpartum, just pressure and screening and follow up.

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00:23:15.640 --> 00:23:33.250

Ella Mathews: Okay, so as we mentioned, and Andy said before, there are only 2 metrics that all 12 of our States reported on on an Mcco level, and that was prenatal and postpartum timeliness of care, and we put those in blue, and they're in a bit of a heat map as we'll talk a little bit more about for you to look at. And then

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Ella Mathews: for 8 States. That was the only Mcco level data that was available. And then for 4 other States. We also had additional metrics. One example of that would be in New Jersey. We had

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Ella Mathews: there it is access to contraceptive care at 3 and 60 days postpartum for 2 different age groups, which is great.

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00:23:55.430 --> 00:24:22.680

Ella Mathews: So the usefulness of this chart, unlike our others, is that it's sortable, searchable, and you can compare data within it. So if we select performance of 10 min of prenatal care, you can compare the plan that you're in, or a plan versus how it is with other plans in the country or across States. Here, you can see our top line is a

Miss 17 plan Magnolia, held from Mississippi, and all the way at the bottom

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00:24:22.940 --> 00:24:36.779

Ella Mathews: performance on this lowest ranking plan would be. and New Mexico, the Western Skyhouse plan, which also happens to be a canteen plan. You can also search within your State. So I'm from Tennessee. Let's do Washington.

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00:24:37.830 --> 00:24:45.539

Ella Mathews: and here you can see which state or which plans are performing above and below the State average again. That is, in that gray line.

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00:24:45.780 --> 00:24:47.459

Ella Mathews: Right there.

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00:24:47.600 --> 00:24:55.090

Ella Mathews: great. And then I'm gonna show you all. If we go back to the slideshow, what you all can do with this data

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00:24:56.600 --> 00:25:08.039

Ella Mathews: great. So I want to show you all what appendix we could do, because this is where everything that we put together is. And I want you all to make the most of this data. So I used it to all the data and

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00:25:08.200 --> 00:25:10.610

Ella Mathews: Compare Timeliness of

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00:25:10.610 --> 00:25:24.380

Ella Mathews: Postpartum care by parent firm, which you can also do on the table. But I just wanted to pull it out and show you guys. So to use an example, we have elevons, which was in 7 of our 12 states with Mcos

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00:25:24.380 --> 00:25:42.170

Ella Mathews: level data for 6 of those, including the regional performance results. In Tennessee. There had a range of performance from 71% to 79% with an average of 75%, which is above the average for all of them at 72, and then also above the average for those

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00:25:42.170 --> 00:26:09.150

Ella Mathews: plans that did not have a publicly traded national parent firm. Alternatively. You could look at Malina here, which isn't operating in 6 States, and they reported for 5 plans. I think they have a new plan coming in Nevada that was not available at the time of our search, and their range, though, was the lowest at 64 and a high of 80. Then again, though average still above the rest. So of course, this

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00:26:09.510 --> 00:26:30.620

Ella Mathews: is just to reflect. The subsidiary of the fall states that we looked at. So take it with a grain of salt in some states this was just one plan that we were getting data for but I do think this is a great starting place, for if you wanted to compare parent firms A to B and see which one might be performing better for others, for their pregnant enrollees.

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00:26:30.620 --> 00:26:43.250

Ella Mathews: Also it would be great, as you also on Appendix B, that we had more metrics to compare. Besides these 2, between all of them, and from there I'm gonna send it over to Andy to talk about recommendations for our advocates.

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00:26:45.290 --> 00:26:46.460

Andy Schneider: Thanks, Ella.

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So

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Andy Schneider: in the report you'll see we've made recommendations to State Medicaid agencies to state public health agencies around. Mrc reports to Cms, I just wanna focus here. Briefly, before turning this over to Sarah

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00:27:06.390 --> 00:27:11.080

on on the recommendations for advocates. And I know that Jc's gonna have

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00:27:11.350 --> 00:27:14.450

Andy Schneider: some some thoughts about these as well.

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00:27:14.560 --> 00:27:15.940

Andy Schneider: So

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Andy Schneider: so we we think it'd be a good place to start in your state if your state is not one of the 12. We've already looked at

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00:27:25.230 --> 00:27:30.049

to do a little research and see if you can find

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00:27:30.490 --> 00:27:36.520

Andy Schneider: information about how individual Mcos are performing.
And

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00:27:36.700 --> 00:27:46.210

Andy Schneider: in a way, our our report methodology could be a playbook for this. I'm sure. There are other ways to to get information

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but looking at the Medicaid agencies performance dashboard. Some of them have them. or the consumer facing report, card or scorecard. Again, some agencies

144

00:27:58.390 --> 00:27:59.560

Andy Schneider: have those.

145

00:28:00.590 --> 00:28:06.259

Andy Schneider: All of the agencies have to post the annual technical reports that the Qur's

146

00:28:06.380 --> 00:28:12.430

Andy Schneider: prepare for them each year, and those do have to have some findings

147

00:28:12.450 --> 00:28:20.890

Andy Schneider: with respect to individual Mcos. So if you can find those and dig through them, which is easier said than done.

148

00:28:21.170 --> 00:28:30.520

Andy Schneider: There should be some information there. That's where we found most of the data that that Hela was just discussing

149

00:28:30.890 --> 00:28:37.669

then, of course, on the Public Health Agency websites you should be able to find the Mmrc. Reports.

150

00:28:38.230 --> 00:28:54.960

Andy Schneider: In some states the agencies make detailed and useful presentations to their medical care advisory committees that they then post on either the advisory committees website or the State's website, so that that could be a good source as well.

151

00:28:55.490 --> 00:29:00.540

Andy Schneider: So if you're not from that search able to identify

152

00:29:00.860 --> 00:29:09.609

Andy Schneider: which Mcos are high performing, and which are low performing on maternal health, that I think you've got to go to the State Medicaid Agency. You know. They're the ones contracting

153

00:29:09.770 --> 00:29:15.420

Andy Schneider: they're the ones to whom the Mcos are accountable, and you have to

154

00:29:15.690 --> 00:29:24.079

Andy Schneider: talk with them about transparency of results and improving performance reporting requirements.

155

00:29:24.410 --> 00:29:44.439

Andy Schneider: of course, Sarah and her colleagues at at Gw. Did a lot of work on this that was discussed in the in the last webinar, and I think the the as an accountability mechanism, the con, the combination of the contracts and transparency, could work very well here to advancing better care for

156

00:29:45.490 --> 00:29:48.379

Andy Schneider: for pregnant women enrolled in Mcos

157

00:29:48.770 --> 00:29:52.760

Andy Schneider: and then, on the other hand, if you're actually able to figure out

158

00:29:53.010 --> 00:29:56.749

who the low performers are, if there are low performers.

159

00:29:56.850 --> 00:30:00.780

Andy Schneider: then again, you engage directly with them Medicaid Agency.

160

00:30:00.800 --> 00:30:08.149

Andy Schneider: I'd go talk to the Mmrc. Committee and directly to the Mcos to figure out a way of improving their performance.

161

00:30:09.780 --> 00:30:12.970

Andy Schneider: So with that I am going to turn it over to Sarah.

162

00:30:16.010 --> 00:30:27.129

Sara Rosenbaum: Thank thank you, Andy. So I will make. I'm going to make a few brief remarks, and then I turn it back over to. Does it go to Elizabeth next?

163

00:30:28.160 --> 00:30:29.270

Sara Rosenbaum: Mundan?

164

00:30:29.580 --> 00:30:43.890

Sara Rosenbaum: Okay. I knew I was passing the baton somewhere somewhere. Good. So this is a great report. Of course it adds another incredibly important

165

00:30:44.290 --> 00:30:49.529

Sara Rosenbaum: set of information to what I have always

166

00:30:49.690 --> 00:30:53.890

Sara Rosenbaum: thought is one of the most complicated issues in Medicaid and managed care.

167

00:30:53.970 --> 00:30:58.120

Sara Rosenbaum: Because.

168

00:30:58.280 --> 00:31:04.550

Sara Rosenbaum: on the one hand. since the mid 1980 s.

169

00:31:04.640 --> 00:31:20.790

Sara Rosenbaum: the Federal laws governing Medicaid eligibility thanks in great part to to Andy and his colleagues, and and to force mostly to Henry Waxman. Had

170

00:31:21.000 --> 00:31:23.950

Sara Rosenbaum: the structure of eligibility for pregnant women

171

00:31:24.460 --> 00:31:25.520

as

172

00:31:25.800 --> 00:31:32.479

Sara Rosenbaum: Contained a safeguard that is absolutely essential. If you're talking about

173

00:31:32.890 --> 00:31:52.180

Sara Rosenbaum: pregnancy care, I don't care if it's in managed care outside of managed care, which is continuity over time, sustained enrollment over time. And now, of course, that that period of postpartum care has been has been extended, which is a crucial

174

00:31:52.280 --> 00:32:00.130

Sara Rosenbaum: improvement building on the longstanding continuity rules for

175

00:32:00.770 --> 00:32:08.009

Sara Rosenbaum: pregnant people and their babies. With the babies, of course, enrolled for the first year of life.

176

00:32:08.080 --> 00:32:24.700

Sara Rosenbaum: on the other hand, we're talking about a really really complicated set of issues, and I would say, very complicated for managed care plans not just complicated for advocates, and certainly for families and for providers.

177

00:32:25.030 --> 00:32:32.019

Sara Rosenbaum: But it's complicated for managed care entities

themselves and for state Medicaid

178

00:32:32.480 --> 00:32:34.969

Sara Rosenbaum: programs trying to oversee

179

00:32:35.060 --> 00:32:48.060

Sara Rosenbaum: the quality and accessibility of maternal and infant care services. And that's because there are really 2 basic pathways into

180

00:32:48.070 --> 00:32:53.629

Sara Rosenbaum: Medicaid managed care, and I don't think we understand enough

181

00:32:53.650 --> 00:33:16.650

Sara Rosenbaum: about how who populates, which pathways, what their risks are. And how these different populations may relate to the work of maternal mortality. Review committees, which Georgetown's, you know, greatest contribution is pointing out that these findings are just are just totally crucial

182

00:33:16.650 --> 00:33:28.319

Sara Rosenbaum: for for managed care, advocacy, and maternal health improvement. And the 2 groups are people who are enrolled in Medicaid

183

00:33:28.330 --> 00:33:38.990

Sara Rosenbaum: who are members of plans who become pregnant as plan members. They might be low-income adults

184

00:33:39.030 --> 00:33:50.610

Sara Rosenbaum: or or adolescents. They might be Very poor parents. They might be adults with disabilities, but they're already

185

00:33:50.880 --> 00:33:55.770

Sara Rosenbaum: in a plan. They're already receiving care. They become pregnant.

186

00:33:55.870 --> 00:34:00.499

Sara Rosenbaum: The other group is the group of beneficiaries who

187

00:34:00.980 --> 00:34:28.770

Sara Rosenbaum: become eligible, based on pregnancy. There was an event. The event is a pregnancy, confirmation that pregnancy, confirmation triggers your eligibility. It triggers your selection of a plan, or your assignment to a plan, and I think States differ tremendously on how they connect people to manage care when the eligibility is based on pregnancy.

188

00:34:28.810 --> 00:34:57.319

Sara Rosenbaum: and if you stop and think about it, the populations are hugely different. They may be different in their pre prior access to health care. They may be different in various demographic factors. They just are very different people, and I think it's really important for us as advocates around Medicaid and maternal health. To understand. And to do a lot of work educating maternal mortality review committees

189

00:34:57.320 --> 00:35:08.590

Sara Rosenbaum: about some of the nuances of the Medicaid population. I'm just not sure how attuned the committees are to thinking this through and thinking through what kinds

190

00:35:08.610 --> 00:35:09.800

Sara Rosenbaum: of

191

00:35:10.130 --> 00:35:31.279

Sara Rosenbaum: issues they want to look at. as they are doing reviews of these terrible sentinel events. You know, there, there! The rates are terrible in the Us. It's still a relatively small number of people, but of course, every case is a sentinel event.

192

00:35:31.410 --> 00:35:55.329

Sara Rosenbaum: and so I think the characteristics of the beneficiaries, and when they entered, and how they entered, and what, when their connection to managed care happened. Is important, and it's very important for plans. My sense is that there's just not enough. Give and take between the plans and the work of the review committees, for example, how many State Medicaid programs require?

193

00:35:55.330 --> 00:36:06.189

Sara Rosenbaum: Their health plans as part of their ongoing operations to read and understand the Mmrc. Reports

194

00:36:06.210 --> 00:36:24.969

Sara Rosenbaum: and then make clear what they are going to do in the way of maternal health innovations which this is theory why, a lot of agencies buy managed care for for it's it's it's innovative approach to certain key population health issues.

195

00:36:25.000 --> 00:36:40.840

Sara Rosenbaum: you know how they're gonna respond. It's one thing to sort of in the abstract. Say, well, we're gonna have really good maternal health services. It's another thing to really expect the Mcos to internalize the results of the Mmrcs.

196

00:36:40.870 --> 00:36:49.590

Sara Rosenbaum: And you know whether it's always a Medicaid beneficiary, which is most certainly is not. But every maternal death

197

00:36:50.050 --> 00:36:58.630

Sara Rosenbaum: tells us important things about how the system is working. Another really important aspect to all of this, and this is.

198

00:36:59.210 --> 00:37:06.049

Sara Rosenbaum: goes back to the work we did in our study is the

199

00:37:06.650 --> 00:37:12.990

Sara Rosenbaum: kind of the continuity of care. In other words, this is not about prenatal and delivery care.

200

00:37:13.020 --> 00:37:18.709

Sara Rosenbaum: and a couple of postpartum checkups. This is about the health of people going into a pregnancy.

201

00:37:18.830 --> 00:37:25.989

Sara Rosenbaum: how the pregnancy was identified when the pregnancy was identified.

202

00:37:26.000 --> 00:37:35.690

Sara Rosenbaum: the bundle of services that go into what we call pregnancy-related care, which can vary from state to State.

203

00:37:35.730 --> 00:38:05.779

Sara Rosenbaum: in terms of what the State is emphasizing. How much

the status sort of tried to push the boundaries, how much it expects the plans to push the boundaries which services, according to experts, which is what we did. In addition to our study, we did a huge literature review that's indispensable. That gives you all the evidence in one place of exactly what we know about various components of maternal health services and what matters

204

00:38:05.780 --> 00:38:15.290

Sara Rosenbaum: and and so really understanding the continuum of care and expecting that the contract.

205

00:38:15.630 --> 00:38:16.960

Sara Rosenbaum: while

206

00:38:17.050 --> 00:38:34.439

Sara Rosenbaum: certainly giving plans, running room to assemble, care teams to try strategies for enrolling, you know, attracting providers for linking to social services all the things that managed care in theory is doing.

207

00:38:34.480 --> 00:38:49.589

Sara Rosenbaum: I think it's important to have specificity in the contracts to not just say in a contract. We expect the prenatal care is a covered benefit. Of course we all expect the prenatal care is a covered benefit that really doesn't tell the plan anything.

208

00:38:49.800 --> 00:39:11.029

Sara Rosenbaum: And we were actually quite taken aback by how limited the directives were. Even assuming you don't wanna micromanage the plan, which is a a big issue for States, and it's a big issue for plans. But enough directives so that you have the expectations that then turn into

209

00:39:11.220 --> 00:39:30.140

Sara Rosenbaum: performance. Metrics? you know, it's great that there's early entry. It's great that there's a postpartum visit. But there are probably 5 or 6 other bellwether issues that most experts in maternal health would say, You wanna look at along the way. The content of the care.

210

00:39:30.140 --> 00:39:42.649

Sara Rosenbaum: the setting and structure of care, the other services that people got while they were enrolled in in, in maternal health

care of, and of course, the all important postpartum period. Not just the 2 week checkup

211

00:39:42.660 --> 00:39:59.550

Sara Rosenbaum: But now in States with 12 months, what's going on over that 12 month period? And I just I think that my biggest takeaway from this terrific study is is is certainly

212

00:39:59.860 --> 00:40:10.410

Sara Rosenbaum: the findings on limited transparency. But equally importantly, is this unexplored relationship

213

00:40:10.540 --> 00:40:16.860

Sara Rosenbaum: of what the maternal Mortality review committees are doing. and how Medicaid agencies

214

00:40:16.880 --> 00:40:19.340

Sara Rosenbaum: translate their work

215

00:40:19.360 --> 00:40:34.529

Sara Rosenbaum: into their contract, expectations into their performance measures, and how much they expect their their managed care plans to internalize these essential studies as well. So why don't I pass it off to Jc, now.

216

00:40:37.630 --> 00:41:02.670

Jacy Montoya Price: Hi, and thank you for including me in this presentation that's so important to understanding how managed care organizations perform in maternal health? As you learned, I'm Jc. Montoya Price, and I'm with the alliance for early success for those who aren't familiar. The alliance for early success works with child advocates in all 50 States, plus DC. To make legislative and administrative changes

217

00:41:02.670 --> 00:41:08.379

Jacy Montoya Price: to ensure that young children and their families have what they need to thrive. Maternal health is

218

00:41:08.390 --> 00:41:21.899

Jacy Montoya Price: integral to ensuring that young children and families can thrive, and we're fortunate to work with the Georgetown Center for children and families as one of our responsive support

providers. To our State grantees.

219

00:41:22.090 --> 00:41:44.120

Jacy Montoya Price: As an advocate. There was so much in this report. That was eye opening and shocking. To be frank, the fact that the way that the managed care organizations are compensated actually creates a perverse incentive for them to minimize their costs.

220

00:41:44.130 --> 00:41:45.330

Jacy Montoya Price: It was

221

00:41:45.460 --> 00:42:13.830

Jacy Montoya Price: shocking and something new for me as a non medicaid expert. We know, I think that what gets measured gets changed. And what was really striking to me is that these factors, these measures, are being tracked by the managed care organizations, but that data is not necessarily being shared with the folks who need that information in order to advocate for change.

222

00:42:13.960 --> 00:42:18.799

Jacy Montoya Price: And so, as we look at the recommendations and the report and the takeaways.

223

00:42:18.970 --> 00:42:36.070

Jacy Montoya Price: It feels like there's an opportunity for a low-cost bill or administrative change simply to make that data that's being collected available publicly. I know it can sometimes be a little bit sensitive for the Medicaid agencies to share that themselves.

224

00:42:36.070 --> 00:42:51.480

Jacy Montoya Price: But I believe in every State there is at least one organization that is on the forefront of advocating for maternal health, and would be thankful to have that data to inform their work and their advocacy with legislators and others.

225

00:42:51.940 --> 00:43:14.790

Jacy Montoya Price: I appreciated what Andy said about you know, transparency is necessary, but not sufficient to address maternal health disparities. And that is absolutely true. But that data transparency is what will give advocates the fuel they need to push for change

226

00:43:16.270 --> 00:43:31.239

Jacy Montoya Price: in addition to having the data available by Mco. Which seems very important for the contracts and assessing performance, and also for individuals to decide which plan may be most opportune for them.

227

00:43:32.070 --> 00:43:40.059

Jacy Montoya Price: disaggregating the data by race and ethnicity is essential. We know that the racism and

228

00:43:40.060 --> 00:44:07.900

Jacy Montoya Price: discrimination that has been impressed upon people of color, black women in indigenous women in particular, in our country is what is maintaining the disparities that we've seen over time, and without that disaggregated data, advocates will not have the information they need to call for the changes that will help to narrow that disparity and ensure that all people have the care that they need

229

00:44:09.120 --> 00:44:18.439

Jacy Montoya Price: I appreciate the recommendations in the report about advocates going to look for what might be available in their States?

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00:44:18.640 --> 00:44:37.689

Jacy Montoya Price: My takeaway from this report is that there's probably not a whole lot. And so, in addition to doing that research on their their own being able to have something like this that can be fueled to talk with the Health Department, to talk with a Medicaid agency, to talk with legislators, and say.

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00:44:37.760 --> 00:44:45.269

Jacy Montoya Price: Hey, here's a low-cost way for us to understand what's happening for pregnant people on Medicaid in our State.

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00:44:45.310 --> 00:45:04.719

Jacy Montoya Price: Could be a great first step in bringing around the understanding that is needed to have stronger contracts and to measure outcomes for pregnant people, and not just the processes like access to prenatal and postnatal appointments.

233

00:45:05.260 --> 00:45:21.149

Jacy Montoya Price: thank you. I think that's all I have for now. But

again, the disaggregated data is so clear, so clearly needed for an issue that is impacted by race and ethnicity, and can't be fixed without acknowledging that.

234

00:45:21.750 --> 00:45:22.420

Yes.

235

00:45:25.360 --> 00:45:42.869

Elisabeth W Burak - GCCF: thank you so much. Jc, I really appreciate your pulling together. How to think about an advocacy opportunity for better transparency and indeed! There's a lot of money and a lot of lack of information which we all where I think

236

00:45:43.370 --> 00:45:44.550

Elisabeth W Burak - GCCF: amazed 5.

237

00:45:45.460 --> 00:46:03.369

Elisabeth W Burak - GCCF: So I wanna start with some of the questions in the chat. I have many questions myself, but I want to start with some of the folks who've asked this. So one of the first questions, this is really Ellen Andy was about, is there a state that has a dashboard that you would point to as a model

238

00:46:03.380 --> 00:46:06.839

Elisabeth W Burak - GCCF: for transparency and data. In this work

239

00:46:38.750 --> 00:47:05.360

Ella Mathews: I would probably say that one of the best was New Jersey's. Unfortunately, though, it has not been updated since 2,019. So that takes them out of the running, though I do think it's a good example. If you were able to keep it updated. And then also Georgia. They had a good one that, you know, gave you Mcco level breakdowns and performance of timeliness and postpartum care. I want to say there was another third metric, but it's all an appendix. So encourage you to look there.

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00:47:08.600 --> 00:47:23.949

Elisabeth W Burak - GCCF: Thank you, and I think I know the answer to this, but I wanted to flag it, because I know there are a lot of folks looking at intersections, dream Medicaid and wic for food nutrition programs. And, in fact, I know we have a project coming out soon with the center on budget on this. But

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00:47:23.990 --> 00:47:36.400

Elisabeth W Burak - GCCF: was there any consideration around Wic participation as you were looking at this, or I guess but I would ask more, I think, to you, Alice, did you see anything in some of these reports around Wic participation.

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00:47:36.470 --> 00:47:39.620

Elisabeth W Burak - GCCF: As you were reviewing what was publicly available.

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00:47:40.810 --> 00:48:04.800

Ella Mathews: you know, not to mine out specifically. And then again, we had laser focused on our metrics. But you know, I think some of the results we found did cross over a bit, but again was not included in our study as much. Nothing really comes to mind. But I'll also leave that to Tanisha and Andy, if they have any thoughts. If I could just note that in the contract study

244

00:48:04.800 --> 00:48:17.099

Sara Rosenbaum: in the tables. There are, and Caitlin Murphy is probably listening in. She's our lead Guru on the contract study. There are states that

245

00:48:17.130 --> 00:48:33.499

Sara Rosenbaum: dove more deeply into nutrition assistance during pregnancy as an expectation. But as I recall, and we can send, you know, a note to the chat box, or whatever afterwards, for everybody who's listening.

246

00:48:33.500 --> 00:48:49.979

Sara Rosenbaum: a a lot of states where there was no mention whatsoever. And that's a perfect example. I mean, the question is a great question, because it's a perfect example of where you'd want to specify some level of nutrition assistance during pregnancy, whether it's wic

247

00:48:49.980 --> 00:49:11.160

Sara Rosenbaum: whether it's wic and more broadly, nutrition services. And then have a performance measure related to you know, how well are you getting health supportive services? And of course, one example would be wic so you sort of want the front end expectation. And then a performance measure.

248

00:49:12.910 --> 00:49:15.620

Andy Schneider: Yeah, I agree. That's a great question

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00:49:15.820 --> 00:49:23.039

Andy Schneider: we did not look at that, because, as Ella mentioned, we were focused on the Cms maternity core set metrics.

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00:49:23.160 --> 00:49:26.900

Andy Schneider: And and it does raise the question

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00:49:26.940 --> 00:49:34.759

Andy Schneider: for future policy, development and regulatory development about how metrics might be adjusted

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00:49:35.190 --> 00:49:43.240

Andy Schneider: or new metrics created that would reflect with participation and nutritional support that that was.

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00:49:43.490 --> 00:49:47.479

Andy Schneider: as we like to say, in the biz, beyond the scope of our report.

254

00:49:50.760 --> 00:50:07.300

Elisabeth W Burak - GCCF: Well, this kind of gets into another question. We had around performance improvement projects. So it seems like that would be an opportunity for States to look at, for example, with participation in Medicaid, and I should note that for those of you asking about Wic, there's really low participation in it as compared to what it could be.

255

00:50:07.500 --> 00:50:19.490

Elisabeth W Burak - GCCF: So there is a role to play here. But what did you all find in terms of the performance? Improvement plans in states, and what they might be looking at? And then, Andy, I know you had some recommendations around this for State agencies, too.

256

00:50:24.860 --> 00:50:27.500

Ella Mathews: Oh, you're on mute, Andy. Oh, you're muted, Andy.

257

00:50:27.570 --> 00:50:32.680

Andy Schneider: Sorry, Ellie Rartanishi. You want to start with that no got the recommendations.

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00:50:33.450 --> 00:50:35.230

Ella Mathews: Yeah. So

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00:50:35.890 --> 00:50:46.190

Ella Mathews: we looked in the 12 plans, I wouldn't say. And I there's an exact table of how many pips were covered. We did see. Usually, you know, a State would have

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00:50:46.860 --> 00:50:51.369

Ella Mathews: all of them doing a pip. I think that was the case in Michigan or a number of States. I am

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00:50:52.270 --> 00:51:20.739

Ella Mathews: trying to remind myself, postpartum care which were the most common, and in some cases they all 3 of them

262

00:51:20.740 --> 00:51:39.740

Ella Mathews: where they were plans. Altered a different pip. I would say that in our reviews of the Eqr. Reports there was a lot left to be desired on what that looked like for those participating in those pips. And what the follow up was year to year, and what the actual improvements were from those plans. But into your thoughts.

263

00:51:41.050 --> 00:51:50.129

Andy Schneider: So we didn't. We didn't make 2 recommendations on this one was that the States that haven't been requiring performance improvement plans

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00:51:50.250 --> 00:51:57.569

Andy Schneider: of Mcos relating to maternal health should do that. They have the option to do it. They should do it.

265

00:51:57.930 --> 00:52:11.829

Andy Schneider: The! And there's Federal match, of course, on what they're paying the Mcos to to conduct the pips. And there's several match on what they're paying the Eqrs. To review the plans performance on the pips.

266

00:52:12.080 --> 00:52:18.810

Andy Schneider: The other recommendation we made was to Cms. Cms. Under its own regulations.

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00:52:18.900 --> 00:52:32.020

Andy Schneider: gives itself the option to require pips that address certain issues and require all States to to require them intern of manage care organizations. And

268

00:52:32.140 --> 00:52:47.110

Andy Schneider: you know, this is a national issue. We think Cms. Tell the States they need to develop some pips and and require them. Of all all the plans until we can get a handle on the problem.

269

00:52:48.650 --> 00:53:01.179

Elisabeth W Burak - GCCF: Yes, it's great to see the pips, the performance, improvement plans and states on timeliness of prenatal and post hard. I don't care, but it seems like we've already heard about potential Wic participation pips. There are all kinds of other outcomes we could look at so

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00:53:01.800 --> 00:53:08.100

Ella Mathews: great opportunity. I will say, on that note. We were always interested in the ones that kind of chose their own very specific

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00:53:08.190 --> 00:53:17.619

Ella Mathews: topic for their pip. That seems they had a little more thought of. It was geographically located or based on improving. You know what those pregnancy outcomes were. But

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00:53:17.750 --> 00:53:18.990

Ella Mathews: we can move on to the next.

273

00:53:22.090 --> 00:53:26.540

Elisabeth W Burak - GCCF: I just wanted to note in our Q. And a. That Virginia

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00:53:26.770 --> 00:53:34.760

Elisabeth W Burak - GCCF: breaks their heat as outcome measures by C. By Mco. So we'll try to put that in the chat. That's thank you for that heads up

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00:53:35.000 --> 00:53:37.100

Andy Schneider: the folks in Virginia.

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00:53:37.260 --> 00:53:41.550

Elisabeth W Burak - GCCF: and

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00:53:41.720 --> 00:53:49.340

Elisabeth W Burak - GCCF: We have a few other questions, and I want to think about how best to answer them.

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00:53:49.670 --> 00:53:58.809

Elisabeth W Burak - GCCF: So. One was about the importance of stratifying by race and ethnicity, which, of course, we know is important to understand the challenges.

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00:53:59.070 --> 00:54:14.519

Elisabeth W Burak - GCCF: But Sharon cards asking in more homogeneous states, would it also be important to look at rural versus urban data or other breakouts? And had did you see any other types of stratification or look at sort of rural versus urban areas.

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00:54:17.870 --> 00:54:20.579

Andy Schneider: We did not look at rural versus urban

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00:54:23.370 --> 00:54:33.330

Andy Schneider: then the the metrics that we were looking for were standardized across both urban and rural and across the country. So but it's a fair question.

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00:54:33.580 --> 00:54:42.420

Andy Schneider: It's definitely a fair question as we dig down further. but it we did not. We did not look at that

283

00:54:43.090 --> 00:55:05.679

Jacy Montoya Price: from an advocacy advocacy, perspective. I would say that that data could be really valuable. You know, race and ethnicity data, even in seemingly homogeneous states, is important. And at the same time I've seen some of our Allies be able to make a stronger case for policy shift in maternal care when they can show that contrast between urban and rural

284

00:55:05.680 --> 00:55:19.669

Jacy Montoya Price: so that legislators and other policy makers understand. This isn't just a quote unquote inner city problem or something that impacts. You know, a group that they don't identify with that. This impacts all pregnant and parenting people.

285

00:55:19.840 --> 00:55:34.040

Sara Rosenbaum: I would also say that what we know about maternity desert, I'm sure, has an impact on this as well. And so yeah, well, I do think again, going back to the earlier discussion.

286

00:55:34.100 --> 00:55:39.489

Sara Rosenbaum: it's very important that that people begin to focus on how

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00:55:40.290 --> 00:55:51.890

Sara Rosenbaum: folks entered Medicaid. And when did they enter, already pregnant with a confirmed pregnancy that, had that was not confirmed for months.

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00:55:52.070 --> 00:56:01.140

Sara Rosenbaum: there might have been a long delay in a pregnancy, confirmation, and so the plan is starting late. Did they, in fact.

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00:56:01.560 --> 00:56:07.669

Sara Rosenbaum: begin their pregnancy already as members, and even then

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00:56:07.700 --> 00:56:34.290

Sara Rosenbaum: it you know, it could be the inverse, we could find that a lot of the late entry into care, poor care! Poor continuity of care is people who began as medicaid beneficiaries already enrolled, who became pregnant, who, for whatever reason either did not understand the pregnancy, were concealing the pregnancy, were, you know, in denial about the pregnancy. I just think that we

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00:56:34.410 --> 00:56:39.090

Sara Rosenbaum: that if we're going to make managed care perform better, which is.

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00:56:39.420 --> 00:56:51.800

Sara Rosenbaum: you know, our contracting work. It's Georgetown's performance work. We have to understand Medicaid's interaction with pregnancy much more than we understand it today.

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00:56:51.810 --> 00:56:55.150

Sara Rosenbaum: And this is a place where Cms

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00:56:55.260 --> 00:57:09.660

Sara Rosenbaum: and Cdc and state maternal mortality review committees and vital statistics offices could be a lot more helpful. It really doesn't help to just know that the person was enrolled in Medicaid at the time of the death.

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00:57:10.090 --> 00:57:17.529

Sara Rosenbaum: There's so much more going on in Medicaid because of its peculiar nature. And

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00:57:17.800 --> 00:57:24.380

Sara Rosenbaum: if we don't get to the bottom of this, we don't know how to structure the services correctly, and we don't know what to measure.

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00:57:27.440 --> 00:57:43.969

Elisabeth W Burak - GCCF: Clearly. There's a lot of room for improvement about what we can understand. No and I wanted to. Arden, Handler in Illinois, had a really great comment that I'm sure you all will have thoughts on, and it's and and her point was plan. Accountability is different than provider accountability.

298

00:57:44.140 --> 00:57:52.070

Elisabeth W Burak - GCCF: and Illinois has a model contract looking at Mcos. But it's hard to really gauge that performance on the ground.

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00:57:52.270 --> 00:58:02.639

Elisabeth W Burak - GCCF: And so any thoughts on how to think about sort of the multitude providers involved, and how to further look at this down beyond the plan level to the provider level.

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00:58:03.280 --> 00:58:05.260

Sara Rosenbaum: Well, we found, I mean.

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00:58:05.290 --> 00:58:11.360

Sara Rosenbaum: I just for starters. We found a total dearth of maternal

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00:58:12.190 --> 00:58:15.360

Sara Rosenbaum: continuum expectations about networks.

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00:58:15.990 --> 00:58:22.070

Sara Rosenbaum: You know. What's your network, what capabilities the networks had to have around maternal health!

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00:58:22.390 --> 00:58:43.410

Sara Rosenbaum: What performance required, what, what what characteristics the providers had to have, what capabilities they had to have. How big, I mean, you know, just the just the presence of of the timeliness of visits. You know. How many providers do you have? It was. It was actually the thing that surprised me more than anything

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00:58:43.460 --> 00:59:03.590

Sara Rosenbaum: was the limit. Limited nature of the connection to networks and the and the ability of the networks to speak to the hospital delivery programs. What you have is isolated hospital improvement efforts, you know, around the delivery. But you have.

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00:59:03.650 --> 00:59:21.839

Sara Rosenbaum: We're hearing from some follow-up work we're doing with community health centers that there is no warm handoff to the hospital, and there's no warm handoff back from the hospital. And so all of these things go into how you structure the contract. And then what you measure.

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00:59:24.400 --> 00:59:28.500

Andy Schneider: Yeah. So it's a very good question. We didn't look at this.

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00:59:29.020 --> 00:59:47.250

Andy Schneider: We were focused, as I've explained, just on the Mcos, because they control the money. They organize their provider networks. They just they decide what to pay the providers, they measure the quality of the services their beneficiaries are getting, so that seemed to us an important

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00:59:47.620 --> 00:59:48.849

focal point.

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00:59:50.110 --> 00:59:52.449

Andy Schneider: We did make a recommendation

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00:59:52.690 --> 01:00:11.729

Andy Schneider: based on some work that's going on at Cms on the Medicare side, where they are developing a designation called Birthing Friendly hospitals their designation, and they're as I understand it, they're about to. They're scheduled this fall to release the actual list of birthing friendly hospitals

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01:00:12.270 --> 01:00:14.610

Andy Schneider: and

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01:00:15.400 --> 01:00:30.929

Andy Schneider: and one of the recommendations we make to the State Medicaid agencies is to consider requiring all the Mcos they contract with to to to sub contract with a birthing friendly hospital once those designations are available.

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01:00:31.110 --> 01:00:55.420

Andy Schneider: That may be going on already, because we don't know who they are. But that's about as far as we went. In looking at the the provider issues, and it may be that, you know, to Sarah's point in the conversations that hopefully will start to happen if they aren't already between the Mrrc's and the Mcos that there are some hard questions being asked about low performing providers.

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01:00:56.180 --> 01:01:06.760

Sara Rosenbaum: Exactly right exactly, I mean, and and the limited nature of the measurement system. Birthing. Friendly hospitals are fine, but if the measure does not handle

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01:01:06.890 --> 01:01:36.080

Sara Rosenbaum: and this has been my concern. Are we even asking the right questions around the certification categories? If you're birthing friendly hospital? But you have no way of communicating with the place where the prenatal care is happening, and you discharge somebody with a 2 week follow up. You know the social worker tells you to follow up in 2 weeks, but no warm handoff back to the post. Pardon,

provider, then I don't know how birthing friendly a hospital you are so there it is, it is

317

01:01:36.180 --> 01:01:53.320

Sara Rosenbaum: the managed care plans can be used to overcome, as you're saying, Andy, a lot of the siloing qualities of looking at providers in isolation, instead of a long continuity of care.

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01:01:53.330 --> 01:01:57.760

Sara Rosenbaum: you know. Is this an integrated? Is the vision an integrated vision?

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01:01:57.850 --> 01:02:13.800

Sara Rosenbaum: And are the Mcco requirements and the provider requirements or the indirect provider requirements, working with what's covered and working with what's in the service area and working with the nature of the population.

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01:02:14.030 --> 01:02:30.740

Sara Rosenbaum: It's very. It's very complicated. But the great thing about the Georgetown study is that it adds this piece that I think just has not gotten enough attention, which is not just the metrics, but the fact that you have these committees working in isolation, I mean

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01:02:30.780 --> 01:02:49.560

Sara Rosenbaum: doing tremendous work. The review committees but sort of again outside of the managed care process, except to note that somebody was a medicaid beneficiary and maybe was in a plan, you know. But but the full richness of what they have to say is just not

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01:02:49.860 --> 01:02:51.600

not integrated.

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01:02:55.270 --> 01:03:05.559

Elisabeth W Burak - GCCF: So much more discussing we could do. And I'm gonna take a moderators privilege because there's a lot to get our hands around. And I'm gonna point the last word to Jc, because I think

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01:03:05.610 --> 01:03:08.519

Elisabeth W Burak - GCCF: there's so much to think about as an advocacy

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01:03:08.680 --> 01:03:17.650

Elisabeth W Burak – GCCF: angle, and especially when we think about there's so many power dynamics in play in terms of money. And who can make people do things with the state capital.

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01:03:17.900 --> 01:03:24.949

Elisabeth W Burak – GCCF: What are your final thoughts on advocates and maternal health? Especially as we try to in engage

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01:03:25.190 --> 01:03:30.660

Elisabeth W Burak – GCCF: parents and moms with lived experience and ha and policy change.

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01:03:30.700 --> 01:03:35.780

Elisabeth W Burak – GCCF: How do we? What's the right approach to kind of get our hands around this? What's the first step in your mind?

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01:03:36.270 --> 01:03:57.250

Jacy Montoya Price: Excellent question. I think the first step is things like this that really can help break down the information in more accessible ways. It would be awesome to see an infographic or some other way of sharing this data that doesn't get as much into acronyms and medicaid policy deeply.

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01:03:57.260 --> 01:04:24.819

Jacy Montoya Price: The stories that people with lived experience can share, could really put flavor or strength behind these findings. So that when advocates are going to legislators or medicaid agencies to ask for changes. They have excellent data and research, and they have stories from real folks who maybe have a challenge navigating maternal care through their Mcco.

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01:04:24.990 --> 01:04:43.990

Jacy Montoya Price: I would also say that this kind of information is a great foundation for advocates to then figure out what's available and continue pushing for transparency without transparency we can't address the disparities that exist. And

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01:04:43.990 --> 01:04:57.400

Jacy Montoya Price: in a system that incentivizes, minimize costs and services for pregnant people, there needs to be strong advocacy by the

community to ensure that pregnant people are getting the services they need.

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01:05:00.790 --> 01:05:13.390

Elisabeth W Burak - GCCF: Thank you. I think that that sums us off quite well. We have many more questions. We're gonna try to answer offline, and we appreciate all the participation. And

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01:05:13.670 --> 01:05:22.800

Elisabeth W Burak - GCCF: we hope we'll have the slides and recording out soon, and we look forward to continuing this conversation. Thanks everyone for joining us today.

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01:05:24.140 --> 01:05:24.910

Jacy Montoya Price: Thanks.